

Resources

We all could use support now and then. If you need assistance, try any one of these trusted resources for local community members.

ARLINGTON COUNTY

Arlington County Aging and Disability Services

703-228-1700

<https://aging-disability.arlingtonva.us/>

Enhance your quality of life. Keep your independence. Take advantage of services and benefits for Arlington residents. Contact the Customer Service Center today to set up a meeting, and find the best solutions for your needs.

Arlington County Heating & Cooling Assistance

703-228-1350

<https://publicassistance.arlingtonva.us/heating-cooling-assistance/>

This program helps low-income residents with heating and cooling expenses. Learn more about the services on the program's website.

Arlington County Public Assistance

703-228-1350

<https://publicassistance.arlingtonva.us/>

Need help beyond home repairs? Learn about financial, food, housing and medical assistance for Arlington County residents.

FAIRFAX COUNTY

Fairfax County Services for Older Adults

703-324-7948

<https://www.fairfaxcounty.gov/familyservices/older-adults>

You can find many health and community resources for seniors on the Fairfax County website. Whether you have questions about transportation or tax relief, this website can help. You can also call the county's information hotline for assistance at 703-324-7948

Fairfax Area Home Modifications Resources for People with Disabilities

703-324-5421

<https://www.fairfaxcounty.gov/familyservices/disabilities/home-modifications-resources>

Does your home need modifications? Fairfax County has a list of home improvement resources on their website. These services especially support low-income, disabled and elderly homeowners.

Fairfax County Energy Assistance - Cooling Assistance and Fan Program, Fuel Assistance, Crisis Assistance
703-324-7500

<https://www.fairfaxcounty.gov/familyservices/community-corner/cooling-assistance>

Fairfax County offers relief from extreme heat and helps prevent health emergencies. Apply for these programs if you live in Fairfax County, or the cities of Fairfax and Falls Church.

Home Repair for the Elderly & Disabled
702-246-5179

<https://www.fairfaxcounty.gov/housing/home-repair-elderly-program>

The Home Repair for the Elderly Program is designed to provide minor home repairs to eligible low and moderate income elderly homeowners residing in the property, as well as accessibility modifications for disabled homeowners. **Fairfax County will provide a crew to do up to one week's labor and provide up to \$500 in materials to complete necessary repairs and maintenance.** Materials are paid for by County and Federal funds.

All materials and labor for the work done under this program are provided completely **FREE OF CHARGE** to eligible homeowners.

VIRGINIA

Virginia Department of Housing & Community Development Weatherization Assistance Program
Serving Northern Virginia
540-665-0200

<https://www.communityhousingpartners.org/energy-solutions/weatherization/>

This program makes homes safer for low-income families and helps reduce energy costs. This is possible through repairs and upgrades to heating and cooling systems. The program also installs energy efficient features, such as insulation and air sealing.

Virginia 2-1-1
2-1-1 or 800-230-6077

<https://www.211virginia.org/consumer/index.php>

If you're not sure where to turn, try calling 2-1-1. This free, 24-hour phone service helps Virginia residents find the resources they need. A professional support specialist will connect you with community services. This phone call is completely confidential. You can also search for health and human services on the 2-1-1 Virginia website.