

## **COUNTY AND STATE GOVERNMENT RESOURCES**

### **Arlington County:**

#### **Arlington County Aging and Disability Services**

**703-228-1700**

<https://aging-disability.arlingtonva.us/>

Enhance your quality of life. Keep your independence. Take advantage of services and benefits for Arlington residents. Contact the Customer Service Center today to set up a meeting and find the best solutions for your needs.

#### **Arlington County Heating & Cooling Assistance**

**703-228-1350**

<https://www.arlingtonva.us/Government/Departments/DHS/Public-Assistance/Heating-Cooling-Assistance>

This program helps low-income residents with heating and cooling expenses. Learn more about services on the program's website.

#### **Arlington County Public Assistance**

**703-228-1350**

<https://publicassistance.arlingtonva.us/>

Need help beyond home repairs? Learn about financial, food, housing and medical assistance for Arlington County residents.

### **Fairfax County:**

#### **Fairfax County Services for Older Adults**

**703-324-7948**

#### **Department of Family Services – Older Adults**

<https://www.fairfaxcounty.gov/familyservices/older-adults>

You can find many health and community resources for seniors on the Fairfax County Services for older adults web page.

#### **Fairfax Neighborhood and Community Services (NCS):**

<https://www.fairfaxcounty.gov/neighborhood-community-services/>

Neighborhood and Community Services (NCS) promotes the well-being of individuals, families and communities by providing a variety of recreation, educational and developmental programs and services including adult day health care, senior centers, basic needs and assistance, transportation, etc.

[More....](#)

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## **VIRGINIA**

**Virginia Department of Housing & Community Development Weatherization Assistance Program**  
**Serving Northern Virginia**  
**540-665-0200**

<https://www.communityhousingpartners.org/energy-solutions/weatherization/>

This program makes homes safer for low-income families and helps reduce energy costs. This is possible through repairs and upgrades to heating and cooling systems. The program also installs energy efficient features, such as insulation and air sealing.

**Virginia 2-1-1**  
**2-1-1 or 800-230-6077**

<https://www.211virginia.org/consumer/index.php>

If you're not sure where to turn, try calling 2-1-1. This free, 24-hour phone service helps Virginia residents find the resources they need. A professional support specialist will connect you with community services. This phone call is completely confidential. You can also search for health and human services on the 2-1-1 Virginia website.