

Resources

We all could use support now and then. If you need assistance, try any one of these trusted resources for local community members.

ARLINGTON COUNTY

Arlington County Aging and Disability Services

<https://aging-disability.arlingtonva.us/>

Enhance your quality of life. Keep your independence. Take advantage of services and benefits for Arlington residents. Contact the Customer Service Center today to set up a meeting, and find the best solutions for your needs.

Arlington County Heating & Cooling Assistance

<https://publicassistance.arlingtonva.us/heating-cooling-assistance/>

This program helps low-income residents with heating and cooling expenses. Learn more about the services on the program's website.

Arlington County Public Assistance

<https://publicassistance.arlingtonva.us/>

Need help beyond home repairs? Learn about financial, food, housing and medical assistance for Arlington County residents.

FAIRFAX COUNTY

Fairfax County Services for Older Adults

<https://www.fairfaxcounty.gov/dfs/olderadultservices/>

You can find many health and community resources for seniors on the Fairfax County website. Whether you have questions about transportation or tax relief, this website can help. You can also call the county's information hotline for assistance: 703-324-7948.

Fairfax Area Resources for Home Modifications

<https://www.fairfaxcounty.gov/dfs/disabilities/local-homemods.htm>

Does your home need upgrades? Fairfax County has a list of home improvement resources on their website. These services especially support low-income, disabled and elderly homeowners.

Fairfax Cooling Assistance and Fan Program

https://www.fairfaxcounty.gov/dfs/ss/cooling_assistance.htm

Stay safe and cool in the summer. Fairfax County offers relief from extreme heat and helps prevent health emergencies. Apply for these programs if you live in Fairfax County, or the cities of Fairfax and Falls Church.

Home Repair for the Elderly & Disabled

<https://www.fairfaxcounty.gov/rha/seniorhousing/hrep.htm>

This program helps aging residents make minor repairs and improvements to their homes. The services are completely free for eligible low-income homeowners. A smaller scale program, Fairfax County provides one week of construction services and up to \$500 for materials.

VIRGINIA

Virginia Department of Housing & Community Development Weatherization Assistance Program

<http://www.dhcd.virginia.gov/index.php/housing-programs-and-assistance/homeowner-and-homebuyer-assistance/homeowner-assistance/73-weatherization.html>

This program makes homes safer for low-income families and helps reduce energy costs. This is possible through repairs and upgrades to heating and cooling systems. The program also installs energy efficient features, such as insulation and air sealing.

Virginia 2-1-1

<https://www.211virginia.org/consumer/index.php>

If you're not sure where to turn, try calling 2-1-1. This free, 24-hour phone service helps Virginia residents find the resources they need. A professional support specialist will connect you with community services. This phone call is completely confidential. You can also search for health and human services on the 2-1-1 Virginia website.